

Eagle River Triathlon
June 11, 2006

Female Overall Results

Place	Bib Number	First	Last	Sex	Age Cat	Athena/Clydesdale	Swim Split	Bike Split	Run Split	Finish
1	13	Shannon	Donley	F	30-34		0:06:24	0:36:14	0:19:33	1:02:11
2	22	Lori	Deschamps	F	35-39		0:07:04	0:36:54	0:19:38	1:03:36
3	23	Kristi	Waythomas	F	35-39		0:08:08	0:39:56	0:19:24	1:07:28
4	24	Sara	Miller	F	30-34		0:06:30	0:41:23	0:21:22	1:09:15
5	264	Theo	Hunt	F	25-29		0:08:56	0:39:53	0:21:42	1:10:31
6	41	Janna	Miller	F	35-39		0:06:36	0:43:25	0:21:18	1:11:19
7	29	Lori	Staats	F	50-54		0:08:05	0:40:02	0:23:22	1:11:29
8	69	Amber	Stull	F	25-29		0:08:20	1:27:43		1:12:12
9	48	Katy	Rosane	F	40-44		0:07:41	0:42:30	0:22:16	1:12:27
10	17	Veronica	Vania	F	40-44		0:07:54	0:42:24	0:22:26	1:12:44
11	20	Lise	Falskow	F	35-39		0:07:27	0:41:47	0:23:31	1:12:45
12	19	Alisa	Kincaid	F	30-34		0:07:02	0:43:53	0:22:06	1:13:01
13	21	Genny	Konicke	F	16-17		0:05:44	0:43:04	0:24:25	1:13:13
14	233	Jessica	Yeaton	F	13-15		0:06:02			1:13:15
15	312	Brandy	Bland	F	30-34		0:08:30	0:43:06	0:21:39	1:13:15
16	14	Deenie	Wilson	F	40-44		0:09:13	0:41:00	0:23:07	1:13:20
17	16	Wendy	Lindskoog	F	35-39		0:06:47	0:40:19	0:26:56	1:14:02
18	356	Lisa	Dale	F	25-29		0:07:50	0:45:25	0:22:11	1:15:26
19	347	Caitlin	Patterson	F	16-17		0:09:33	0:45:14	0:20:42	1:15:29
20	190	Chrissy	May	F	20-24		0:09:30	0:44:02	0:22:13	1:15:45
21	291	Joleen	Smith	F	30-34		0:06:40	0:44:42	0:25:00	1:16:22
22	92	Martha	Dennis	F	25-29		0:08:23	0:43:45	0:24:42	1:16:50
23	159	Carolyn	Kirchner	F	20-24		0:07:04	0:47:36	0:23:05	1:17:45
24	249	Lauren	Wilson	F	13-15		0:08:48	0:45:58	0:23:22	1:18:08
25	235	Elizabeth	Walker	F	40-44		0:08:47	0:47:14	0:22:52	1:18:53
26	215	Katie	Way	F	35-39		0:08:00	0:46:23	0:24:44	1:19:07
27	218	Julie	Vogler	F	30-34		0:09:00	0:44:29	0:26:05	1:19:34
28	90	Hannah	Summers	F	13-15		0:10:54	0:43:45	0:25:02	1:19:41
29	88	Jennifer	Lindsey	F	25-29		0:08:30	0:45:47	0:25:24	1:19:41
30	157	Nancy	Wingate	F	35-39		0:08:08	0:46:55	0:24:38	1:19:41
31	298	Nathania	Leder	F	30-34		0:08:18	0:46:58	0:24:25	1:19:41
32	216	Shannon	Titzel	F	35-39		0:06:15	0:46:42	0:27:05	1:20:02
33	93	Ellyn	Brown	F	50-54		0:08:13	0:47:01	0:24:49	1:20:03
34	346	Margaret	Hillhouse	F	50-54		0:08:08	0:46:23	0:25:35	1:20:06
35	178	Lauren	Spinelli	F	25-29		0:09:04			1:20:07
36	194	Astin	Mills	F	25-29		0:09:21	0:45:55	0:25:14	1:20:30
37	53	Kelly	Van Hoek	F	40-44		0:08:45	0:46:45	0:25:03	1:20:33
38	33	Lindsay	Noah	F	35-39		0:08:21	0:46:48	0:25:32	1:20:41
39	94	Cyndie	Fox	F	45-49		0:08:53	0:45:33	0:26:22	1:20:48
40	303	Mireya	de la Pena	F	40-44		0:08:31	0:47:44	0:24:54	1:21:09
41	127	Lorelei	Garrett	F	40-44		0:07:46	0:47:48	0:25:37	1:21:11
42	327	Melinda	Walker	F	45-49		0:06:39	0:44:46	0:29:51	1:21:16
43	136	Kinsey	Loan	F	13-15		0:07:50	0:45:19	0:28:17	1:21:26
44	358	Alexandra	Davis	F	13-15		0:08:12	0:46:58	0:26:32	1:21:42
45	363	Carolyn	Wilson	F	16-17		0:10:27	0:46:54	0:24:27	1:21:48
46	211	Brooke	Edwards	F	30-34		0:08:38	0:49:12	0:24:12	1:22:02
47	349	Lauren	Hess	F	13-15		0:08:20	0:47:37	0:26:15	1:22:12
48	72	Liz	Friedman	F	55-59		0:08:54	0:48:17	0:25:03	1:22:14
49	170	Jennifer	Hopkins	F	30-34		0:08:13	0:46:09	0:27:58	1:22:20
50	128	Naomi	Prater	F	25-29		0:09:27	0:48:28	0:25:16	1:23:11
51	162	Mary	O'Grady	F	18-19		0:09:19			1:23:12
52	345	Heidi	Lovett	F	18-19		0:02:09	0:56:44	0:24:24	1:23:17
53	193	Dana	Tower	F	16-17		0:08:59	0:47:24	0:27:06	1:23:29
54	174	Janine	Johnson	F	35-39		0:07:52	0:48:01	0:27:40	1:23:33
55	40	Marietta	Hall	F	35-39	Athena	0:09:08	0:46:45	0:27:51	1:23:44
56	89	Debora	Summers	F	40-44		0:10:02	0:44:06	0:30:03	1:24:11
57	323	Emily	Rogers	F	13-15		0:10:07	0:50:22	0:23:50	1:24:19
58	228	Jill	McLeod	F	40-44		0:09:12	0:49:27	0:25:51	1:24:30
59	241	Rachel	Duffy	F	30-34		0:11:17	0:50:53	0:22:37	1:24:47

60	262	Nancy	Hanneman	F	45-49		0:06:40	0:51:20	0:26:47	1:24:47
61	297	Brittany	Hillborn	F	25-29		0:09:36	0:50:15	0:25:00	1:24:51
62	202	Sarah	Holman	F	25-29		0:05:39	0:50:41	0:28:44	1:25:04
63	296	Rita	Spann	F	13-15		0:06:24	0:53:44	0:24:58	1:25:06
64	185	Amy	Lewis	F	30-34		0:07:18	0:49:31	0:28:34	1:25:23
65	287	Tanya	Kirk	F	35-39		0:10:24	0:47:36	0:27:26	1:25:26
66	223	Margaret	Volz	F	50-54		0:08:19	0:50:52	0:26:37	1:25:48
67	315	Svia	Rothstein	F	30-34		0:08:35	0:50:58	0:26:39	1:26:12
68	177	Allison	Knox	F	40-44		0:10:48	0:46:23	0:29:11	1:26:22
69	163	Mari	Steinbach McGovrn	F	40-44	Athena	0:08:55	0:49:34	0:27:59	1:26:28
70	121	Wendy	Brown	F	35-39	Athena	0:08:35	0:51:02	0:26:52	1:26:29
71	95	Gina	Armstrong	F	35-39		0:10:43	0:46:25	0:29:29	1:26:37
72	98	Britta	Ellis	F	35-39		0:11:02	0:51:14	0:24:41	1:26:57
73	208	Rebecca	Hayes	F	25-29		0:10:22	0:48:16	0:28:32	1:27:10
74	160	Christine	Carsten	F	45-49		0:10:40	0:49:00	0:27:38	1:27:18
75	109	Marian	Frost	F	45-49		0:09:46	0:48:29	0:29:16	1:27:31
76	129	Beth	Bagne	F	30-34		0:10:39	0:51:23	0:25:48	1:27:50
77	288	Valerie	Kirk	F	13-15		0:10:17	0:51:19	0:26:22	1:27:58
78	133	Tracy	Dunn	F	40-44		0:08:35	0:51:24	0:28:03	1:28:02
79	172	Carey	Carpenter	F	25-29		0:08:45	0:52:00	0:27:28	1:28:13
80	226	Andrea	Orley	F	18-19		0:11:20	0:48:33	0:28:24	1:28:17
81	73	Stacy	Dayley	F	35-39		0:10:50	0:50:05	0:27:34	1:28:29
82	340	Catherine	Bodry	F	25-29		0:08:43	0:52:48	0:26:59	1:28:30
83	36	Clare	Stockert	F	25-29		0:10:00	0:52:00	0:27:07	1:29:07
84	205	Andra	Love	F	30-34		0:10:20	0:52:23	0:26:33	1:29:16
85	31	Sheila	Reilly	F	40-44		0:09:14	0:51:36	0:28:27	1:29:17
86	26	Stacy	Steinberg	F	35-39		0:08:46	0:48:06	0:32:32	1:29:24
87	188	Janet	Smalley	F	50-54		0:09:35	0:51:57	0:28:05	1:29:37
88	336	Meghan	Hall	F	30-34		0:12:07	0:50:02	0:27:33	1:29:42
89	229	Mary	Janis	F	40-44		0:08:54	0:51:03	0:29:48	1:29:45
90	238	Laurie	Macchello	F	40-44		0:11:37	0:52:45	0:25:39	1:30:01
91	308	Karen	Pollard	F	40-44		0:09:16	0:51:51	0:29:08	1:30:15
92	260	Amanda	Connett	F	40-44		0:15:10	0:49:00	0:26:29	1:30:39
93	123	Teri	Rome	F	35-39		0:08:55	0:52:53	0:29:01	1:30:49
94	253	Rachel	LeMon	F	30-34		0:10:07	0:51:47	0:29:01	1:30:55
95	325	Rebecca	Mamrol	F	13-15		0:11:41	0:51:55	0:27:36	1:31:12
96	261	Rosanne	Hughes	F	40-44		0:09:00	0:53:55	0:28:28	1:31:23
97	232	Ann	Claerbout	F	25-29		0:10:30	0:55:12	0:25:46	1:31:28
98	333	Pam	Craver	F	45-49	Athena	0:09:28			1:31:43
99	299	Sarah	Leder	F	20-24		0:06:23	0:57:37	0:28:12	1:32:12
100	165	Trish	O'Gorman	F	55-59		0:09:45	0:53:38	0:28:50	1:32:13
101	310	Amy	Burchell	F	30-34		0:11:56	0:53:07	0:27:19	1:32:22
102	61	Heidi	Valantas	F	35-39		0:10:35	0:55:43	0:26:15	1:32:33
103	320	April	Watts	F	30-34		0:07:10	0:55:37	0:29:49	1:32:36
104	258	Wendy	Yuan	F	25-29		0:07:53	0:52:16	0:32:38	1:32:47
105	38	Kari	Wiederkehr	F	25-29		0:08:59	0:52:40	0:31:18	1:32:57
106	275	Durelle	Smith	F	35-39		0:09:01	0:55:25	0:29:07	1:33:33
107	55	Tracy	Seidl	F			0:13:22	0:54:38	0:25:34	1:33:34
108	254	Kimberly	Hankins	F	30-34		0:11:00	0:51:05	0:31:41	1:33:46
109	42	Jennifer	Bundy-Cobb	F	35-39		0:07:46	0:53:42	0:32:21	1:33:49
110	213	Allison	Ross	F	13-15		0:12:14	0:54:30	0:27:05	1:33:49
111	71	Jennifer	McKinnon	F	40-44		0:09:08	0:50:18	0:34:33	1:33:59
112	25	Ginny	Wright	F	50-54		0:09:01	0:54:48	0:30:19	1:34:08
113	97	Kathleen	Redmond	F	40-44		0:12:45	0:54:00	0:27:45	1:34:30
114	324	Heidi	Rogers	F	16-17		0:10:24	0:55:31	0:28:46	1:34:41
115	230	Tana	Stone	F	25-29	Athena	0:07:47	0:53:32	0:33:22	1:34:41
116	108	Karen	Hobart	F	35-39		0:11:53	0:54:06	0:29:06	1:35:05
117	201	Camelia	Crisan	F	45-49		0:11:27	0:54:48	0:28:58	1:35:13
118	181	Angela	Allamandola	F	25-29		0:10:25	0:57:45	0:27:05	1:35:15
119	318	Becky	Butler	F	13-15		0:09:00	1:00:15	0:26:07	1:35:22
120	271	Betsy	Paskvan	F	40-44		0:12:40	0:56:55	0:25:55	1:35:30
121	156	Nancy	Hall	F	50-54		0:10:36	0:54:52	0:30:09	1:35:37
122	115	Mali	Redick	F	13-15		0:07:30	1:00:42	0:27:36	1:35:48
123	184	Amy	Dethlefs	F	18-19		0:08:11	0:54:56	0:32:47	1:35:54
124	200	Jorin	Klawitter	F	18-19		0:07:00	1:04:32	0:24:28	1:36:00
125	305	Melissa	Keil	F	35-39		0:09:09	0:56:03	0:30:52	1:36:04

126	368	Tara	Smith	F	30-34		0:12:20	0:56:19	0:27:51	1:36:30
127	266	Sophie	Walsh	F	16-17		0:06:58	1:02:37	0:27:03	1:36:38
128	34	Diane	Mohwinkel	F	60-64		0:11:28	0:54:05	0:31:15	1:36:48
129	144	Sandy	Lane	F	40-44		0:10:05	1:00:09	0:27:05	1:37:19
130	82	Sandra	Woods	F	45-49		0:09:22	0:59:36	0:28:42	1:37:40
131	282	Chera	Boom	F	40-44		0:13:16	0:54:22	0:30:15	1:37:53
132	206	Kelly	Suchodolski	F	30-34		0:08:44	0:57:52	0:31:46	1:38:22
133	135	Aubrey	Campbell	F	20-24		0:07:20	1:05:21	0:26:13	1:38:54
134	153	Susie	Choate	F	45-49		0:12:04	0:58:30	0:28:22	1:38:56
135	284	Stephanie	Kirk	F	Under 13		0:12:49	0:55:47	0:30:42	1:39:18
136	110	Betsy	DeMay	F	45-49		0:09:47	0:59:19	0:30:26	1:39:32
137	354	Jessica	Cederberg	F	40-44		0:12:28	0:55:46	0:31:35	1:39:49
138	126	DeeDee	Jonrowe	F	50-54		0:13:17	0:57:01	0:30:11	1:40:29
139	209	Rachel	Cruz	F	25-29		0:11:30	1:00:11	0:29:23	1:41:04
140	313	Kaylene	Johnson	F	40-44		0:13:03	0:58:00	0:30:14	1:41:17
141	294	Bobbie Jo	Skibo	F	25-29		0:11:13	0:53:41	0:36:39	1:41:33
142	154	Danielle	Choate-Batchelder	F	20-24		0:14:20	1:01:16	0:26:29	1:42:05
143	50	Amy	Pelosa	F	35-39		0:11:28	0:57:19	0:33:35	1:42:22
144	257	Sammye	Pokryfki	F	45-49	Athena	0:09:27	1:02:12	0:30:44	1:42:23
145	285	Jean	Adamson	F	50-54		0:10:00	1:03:45	0:28:53	1:42:38
146	197	Susan	Oakley	F	40-44		0:08:31	1:00:45	0:33:25	1:42:41
147	367	Elaine	Hulse	F	45-49		0:11:21	0:59:01	0:32:35	1:42:57
148	369	Melinda	Hermosura	F	25-29		0:12:30	0:54:57	0:35:35	1:43:02
149	245	Niki	Berhow	F	30-34		0:08:42	0:57:10	0:37:18	1:43:10
150	295	Miriam	Mezzetti	F	13-15		0:06:47	1:05:24	0:31:01	1:43:12
151	317	Mariana	Tiede	F	16-17		0:17:09	0:58:48	0:27:37	1:43:34
152	179	Emily	Tweto	F	20-24		0:11:30	1:01:46	0:30:43	1:43:59
153	60	Stephanie	Burchell	F	60-64		0:14:00	1:01:13	0:29:05	1:44:18
154	307	Sherry	Pederson	F	25-29		0:11:38	1:02:10	0:31:12	1:45:00
155	183	Melissa	Stefan	F	25-29	Athena	0:09:11	0:59:15	0:37:09	1:45:35
156	155	Natasha	Choate-Batchelder	F	13-15		0:11:13	1:04:55	0:30:20	1:46:28
157	58	Megan	Ritter	F	40-44		0:11:10	1:05:30	0:30:04	1:46:44
158	279	Catherine	Irwin	F	55-59		0:11:45	1:03:27	0:32:12	1:47:24
159	351	Ruth	Tweto	F	55-59		0:12:08	1:04:50	0:31:08	1:48:06
160	43	Carla	Goldberg	F	35-39		0:08:57	1:00:10	0:39:03	1:48:10
161	35	Nan	Llewellyn	F	20-24		0:10:50	1:03:33	0:34:43	1:49:06
162	293	Gabriella	Brune	F	13-15		0:08:55	1:07:51	0:32:39	1:49:25
163	239	Carmen	Olito	F	50-54		0:09:58	1:02:55	0:37:32	1:50:25
164	212	Joani	Welch	F	50-54		0:10:26	1:06:58	0:33:10	1:50:34
165	152	Judy	Staveley	F	30-34		0:13:26	1:06:46	0:30:35	1:50:47
166	306	Jennifer	Ryan	F	25-29		0:12:55	1:10:52	0:27:28	1:51:15
167	247	Catherine	Dwinnell	F	40-44		0:08:31	1:13:28	0:29:29	1:51:28
168	316	Rebekah	Bower	F	18-19		0:08:33	1:05:40	0:37:37	1:51:50
169	91	Morgan	Summers	F	Under 13		0:13:15	1:05:28	0:34:41	1:53:24
170	75	Jamie	Elswick	F	40-44		0:11:05	1:03:57	0:38:53	1:53:55
171	273	Danika	Paskvan	F	13-15		0:07:57	1:09:52	0:36:25	1:54:14
172	352	Kristen	Ritter	F	18-19		0:09:32	1:07:52	0:38:01	1:55:25
173	125	Julie	Liverance	F	40-44		0:13:05	1:11:06	0:32:43	1:56:54
174	278	Rachel	Fore	F	13-15		0:07:54	1:22:37	0:27:22	1:57:53
175	131	Danna	Grammer	F	30-34		0:17:02	1:09:40	0:31:39	1:58:21
176	120	Julie	McDonald	F	35-39	Athena	0:11:07	1:09:03	0:38:17	1:58:27
177	364	Elana	Grotha	F	16-17		0:07:31	1:10:44	0:40:55	1:59:10
178	309	Lee Anne	Crafton	F	45-49	Athena	0:12:45	1:12:22	0:38:10	2:03:17
179	290	Hayley	Harris	F	13-15		0:12:11	1:09:01	0:43:15	2:04:27
180	45	S.J.	Lee	F	45-49		0:18:52	1:14:12	0:31:51	2:04:55
181	311	Eulalia	Bunn	F	20-24		0:13:31			2:06:51
182	335	Heather	Hoff	F	30-34	Athena	0:15:48	1:06:51	0:44:59	2:07:38
183	64	Kim	Waychoff	F	40-44		0:14:00	1:25:06	0:30:02	2:09:08
184	66	Meghan	Minckler	F	40-44		0:16:13	1:22:33	0:30:35	2:09:21
185	252	Karen	Moran	F	20-24		0:11:50	1:28:27	0:39:02	2:19:19
186	251	Dawn	Nunley	F	25-29		0:12:59	1:28:08	0:39:02	2:20:09
187	334	Rachel	Logan	F	25-29	Athena	0:09:43	1:20:39	0:50:45	2:21:07
188	361	Michelle	Mucha	F	25-29		0:13:04	1:23:52	0:51:19	2:28:15